

**STARTS MONDAY 2<sup>nd</sup> NOVEMBER TO FRIDAY 13<sup>TH</sup>**

**NOVEMBER-TERM 4**

**Swimming School Instructions**



Dear Parents/Carers,

Please read these instructions carefully with your child and make sure he/she understands to follow them at all times during their special swimming scheme lessons:

Bring a waterproof bag containing:

- A towel - (not large)
- Dry underclothes
- Swimming goggles (if you wear them)
- Thongs - we will be wearing these TO and FROM the pool

1. Wear your swimming costumes to school
2. If you have long hair, TIE IT BACK OR WEAR A CAP.
3. Girls with loose costume straps must tie them across the back.

Do NOT bring to the pool:

- Money
- Jewellery
- Lollies
- Chewing/bubble gum
- Glass bottles

Sit where your school teacher tells you to sit for the daily pool safety lesson.  
Your swimming teacher will tell you when to get into the water.

- Listen to her/him at all times
- Walk (DO NOT RUN) around the pool
- Stay with your group; do not leave the pool without permission.
- Take your goggles with you.

**PLEASE ENSURE ALL YOUR BELONGINGS ARE LABELLED WITH YOUR NAME**

**STUDENT WILL EAT LUNCH WHEN THEY RETURN TO SCHOOL.**

**NO RECESS ORDERS WILL BE AVAILABLE DURING THIS  
2 WEEK PROGRAM.**

**PLEASE PACK EXTRA LUNCH AS THE CHILDREN ARE VERY  
HUNGRY AFTER SWIMMING!**

