

## MORE LUNCH

### MUST BE PRE-ORDERED

#### Sandwiches - White and Wholemeal Bread

Wraps and Rolls add 50c!

Toasted 50c extra!

Lunch Bags 20c extra!

Vegemite or Jam.....	\$1.50
Cheese or Baked Beans .....	\$2.00
Cheese & Tomato.....	\$2.50
Ham.....	\$2.50
Ham & Cheese or Tuna.....	\$2.80
Ham, Cheese and Tomato.....	\$3.00
Salad.....	\$3.50
Chicken.....	\$3.50
Ham & Salad.....	\$3.50
Tuna & Salad.....	\$3.80
Chicken & Salad.....	\$4.50

#### Super Salad Boxes

\*\*All served with lettuce, tomato, carrot, cucumber & beetroot\*\*

Salad- includes all of the above.....	\$3.50
Chicken Tender Salad- includes 1 chicken tender.....	\$4.00
Ham Salad- includes sliced ham.....	\$4.00
Tuna Salad- includes tuna .....	\$4.00

#### After lunch Over the counter - no need to pre-order

Penguins.....	\$0.10
Frozen orange $\frac{1}{4}$ .....	\$0.20
Frozen mini milk Sticks (Assorted Flavours).....	\$0.20
Animal Ice pops.....	\$0.60
Ice Mony pops.....	\$0.80
Berri Frozen juice cup 110mls.....	\$0.80
Zing Yoghurt.....	\$1.00
TNT sour Ice pops .....	\$1.00
Lemonade icy pole.....	\$1.20
Slushies.....	\$2.00

Anyone cancelling an order of perishable food who does not inform the canteen before their lunch is cooked or made **will not** be given a refund. They may however take their lunch with them early.

## BRISBANIA PUBLIC SCHOOL

### CANTEEN PRICE LIST 2013



**"Winner Central Coast Canteen Network  
Healthy School Canteen Award 2010, 2011, & 2012"**

**"Member of the Healthy Kids  
School Canteen Association"**

Canteen Operates Monday to Friday  
from 8.50am till 1.20pm

**VOLUNTEERS ARE ALWAYS  
WELCOME AND APPRECIATED**

Volunteer shifts available Half Day, Full Day, Weekly, Monthly or Term

**STICKY BEAKS REUSEABLE LUNCH BAGS  
AVAILABLE FOR PURCHASE FROM \$8**



## Recess



### Over The Counter no need to pre-order

Assorted Bread $\frac{1}{4}$ .....	\$0.10
Frozen orange $\frac{1}{4}$ .....	\$0.20
Frozen mini milk sticks (Assorted Flavours).....	\$0.20
Home Made Pikelet (Served with butter or jam).....	\$0.50
Apple Slinky.....	\$0.80
Mini Hot Dog.....	\$0.90
Zing Yoghurt.....	\$1.00
Pasta Cup (Term 2 & 3).....	\$1.00
Home Made Pizza Sub (Cheese & bacon on half hot dog bun).....	\$1.00
Cheese Toastie (25 cents per quarter).....	\$1.00
JJ's Snax.....	\$1.00

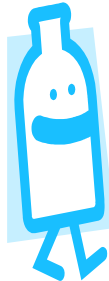
**\*\* Check the daily specials board for recess specials\*\***

### DRINKS - Recess & Lunch

Hot Chocolate (Recess only- Term 2 & 3).....	\$1.50
Water 350ml.....	\$1.50
Flavoured milk (choc, strawberry, banana).....	\$1.80
Juice (apple, orange, apple blackcurrant).....	\$1.80
Slushies (Lunch only).....	\$2.00
LOL (99% Carbonated fruit juice).....	\$2.00

### MISCELLANEOUS ITEMS

Plastic spoons.....	\$0.10
Plastic Forks.....	\$0.10
Paper lunch bags.....	\$0.20



**Canteen Nutrition Information**  
Canteen food across NSW is categorised according to nutritional content. To make choosing the right foods for children easy a "TRAFFIC LIGHT" system has been introduced. **GREEN** foods are healthy choices, **AMBER** is for sometimes, and **RED** foods are special occasion foods and are not allowed to be sold by school canteens except on special occasions.

**NO FOOD WILL BE TOASTED OR RE-HEATED FROM HOME. THIS IS AGAINST FOOD STANDARD 3.2.2**



All lunch orders are to be bought to the canteen before 9.30am.  
Any change owing will be taped to the outside of the child's lunch bag.  
Emergency lunches will be a sandwich and a note sent home for payment next day.

## LUNCH

### MUST BE PRE-ORDERED

#### Hot Foods

Chickadee Yummy Drummy.....	\$1.20
Hot Cheese Roll.....	\$2.50
Thompsons Lean Beef Sausage Roll.....	\$2.50
Hans Hot Dog.....	\$2.50
Hans Hot Dog with Tomato or BBQ Sauce.....	\$2.80
Ham & Pineapple Pizza Single (Homemade).....	\$3.00
Thompsons Lean Beef Meat Pie.....	\$3.30
Lean Beef Lasagne (Homemade).....	\$3.50
Macaroni Cheese (Homemade).....	\$3.50

#### Sauce

Tomato Sauce.....	\$0.35
Barbecue Sauce.....	\$0.35

#### Toasted Sandwiches

Cheese.....	\$2.50
Baked Beans.....	\$2.50
Cheese & Tomato.....	\$3.00
Ham & Cheese.....	\$3.30
Ham, Cheese & Tomato.....	\$3.50
Ham, Cheese & Pineapple.....	\$3.50



#### Wraps and Burgers

Ham Salad Wrap.....	\$3.50
(Ham, tomato, lettuce)	
Hawaiian Wrap.....	\$3.50
(Ham, cheese, pineapple)	
Chicken Wrap.....	\$4.00
(Tender, lettuce, tomato, sweet chilli & mayo)	
Chicken Caesar Wrap.....	\$4.50
(Tender, lettuce, tomato, bacon pieces & caesar dressing)	
JUMBO Wrap.....	\$4.50
(Tender, lettuce, tomato, cucumber, beetroot, carrot, choice of dressing)	
Chicken Burger.....	\$4.00
(Pattie, low fat mayo & lettuce)	
Chilli Chicken Burger.....	\$4.00
(Pattie, sweet chilli sauce & lettuce)	
Chicken Caesar Burger.....	\$4.50
(Pattie, lettuce, bacon pieces and mayo)	
JUMBO Burger.....	\$4.50
(Pattie, lettuce, tomato, cucumber, beetroot, carrot, mayo or sweet chilli)	

Make sure you tell us what you do or don't want on your wrap and burger!  
Add extra salad such as beetroot, cucumber, carrot for 30 cents each extra  
Add cheese 40 cents extra